



**Eastern  
Health**

Perinatal Program  
Newfoundland and Labrador

## Perinatal Referral

email:ppnl@easternhealth.ca or Fax:709-777-4125



Name: \_\_\_\_\_

HCN: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Date: DD/MONTH/YYYY

Please refer \_\_\_\_\_ (name) for follow-up in the High-Risk Clinic of the Perinatal Program.

The presence of one or more of the following criterion that occurred or was recognized in the first 28 days of life. (In the event of a mutiple birth all babies are followed if one baby meets admission criteria):

- Birth weight less than or equal to 1500 grams or gestation less than or equal to 32 weeks
- Mechanical ventilation for 48 hours or more

### Central Nervous System:

- Seizure confirmed by abnormal EEG, or as a result of metabolic etiology (such as hypoglycemia)
- Hypoxic Ischemic Encephalopathy (HIE)
- Stroke
- Meningitis/Encephalitis/Intrauterine virus infection, such as Cytomegalovirus (CMV)
- Hydrocephalus
- Intraventricular hemorrhage, grade 3 or greater
- Periventricular leukomalacia (PVL)

### Complex Surgery:

- Thoracic
- Gastrointestinal (GI)
- Genital Urinary (GU)

### Cardiac:

- Cyanotic Congenital Heart Disease
- Cardiac surgery requiring bypass less than 30 days of age

Prolonged hypoglycemia greater than 3 episodes of blood glucose less than 2.6 mmol/L in a 24 hour period

History of prenatal exposure to alcohol as a result of maternal alcohol intake characterized by substantial, regular intake or periodic binge drinking during pregnancy (Motherisk Program 2006)

History of prenatal exposure to illicit substances, such as amphetamines (e.g. Adderall), cannabis, club drugs (e.g. ecstasy), stimulants (e.g. cocaine, Ritalin), opioids (e.g. heroin, Oxycodone, Percocet) and solvents, as a result of maternal habitual (regular) use during pregnancy

Prenatal exposure to Methadone, as a result of maternal participation in a Methadone Maintenance Treatment (MMT) Program during pregnancy

Physician request, specify: \_\_\_\_\_

Name: \_\_\_\_\_ Signature: \_\_\_\_\_