



## PATIENT INFORMATION

### WELCOME TO JANEWAY MEDICINE

#### GENERAL INFORMATION

Your child is being admitted to J4 Medicine. This is a 15 bed unit providing care to children, from infants to 18 years. We encourage you to take part in your child's care. We promote family centered care and welcome any suggestions or questions you may have. ***It is very important to maintain a mutually respectful and courteous relationship between patients/families and staff.***

There are sleeper chairs available for a parent to sleep overnight, 1 per room. Please be sure to allow room for your nurse to provide care to your child.

Between 7-8, morning and night, the nurses are changing shifts and giving report to the oncoming staff. Please keep disruptions to a minimum during this time, unless of course they are of an emergency nature.

There is a social worker available for this unit. If you would like to speak with a social worker for support or counseling of any kind, please ask your nurse to notify social work.

No information about your child will be given out over the phone. Callers will be asked to contact you, the parent or guardian, for the information.

#### VISITING

We welcome parents or guardians at any time, and other visitors are welcome 11am-9pm, as per policy. Only two visitors may visit at a time. Please do not visit if you are not feeling well or show signs of the flu, vomiting or diarrhea.

#### TESTS AND TREATMENTS

Many children requiring treatment or a test must not eat or drink for a period of time before it. Please check with the nurse before you give your child, or any other child on the unit, anything to eat or drink. Eating/drinking could cause these tests and procedures to be cancelled.

#### MEALS

Infant formula and food are available on the unit. If your child is on a formula that is not provided by the hospital, you can bring in an ***unopened*** can of the formula and our dietary staff will prepare the bottles for your child. We ***cannot*** accept or store bottles prepared outside the hospital on this unit. Meals are delivered to children by dietary staff. They are given a choice of foods at each meal. After this, the trays are collected by the same staff. Please let us know if you are breastfeeding your baby.

#### ISOLATION

To prevent the spread of infection, children are sometimes given a special room of their own or are "isolated". For children who are isolated, we ask that you follow hospital guidelines depending on the type of isolation. Staff will provide you with more information on isolation, if necessary.

## **SAFETY**

For the safety of your child:

- Medications from home should not be stored in your child's room or given to the child by the parent while in hospital. You can take the medications home or the nurse will store them in the medication room on the unit.
- Never leave a child alone in a room unless they are in a crib/bed with both side rails up and locked.
- Children may leave the unit only with the nurse's approval and while accompanied by a parent/guardian.
- Hot drinks brought onto the unit must be kept covered.

## **WASHROOMS**

Each child's room has a wheelchair accessible bathroom. They are for *patient use only*. A visitors' washroom and shower is available for parents.

## **OTHER**

We encourage you to bring in any special toys or games with your child's name marked clearly. Child Life staff are happy to provide crafts and special activities for your child while in hospital. Classroom and bedside learning by a teacher is available.

A gift shop and vending machines are located on the second floor of the Janeway. The main cafeteria and Tim Horton's are located on the second floor at the Health Sciences Centre.

There is a family room available on the unit for your use.

## **SCENT FREE**

We are a scent free hospital. Please do not wear perfume, cologne, aftershave, hair spray or scented creams or lotions.

## **CONTACT NUMBERS**

The unit can be reached at (709)777-4384.

***IT IS IMPORTANT THAT EVERYONE PROTECT YOUR CHILD'S HEALTH.  
ALWAYS WASH YOUR HANDS BEFORE ENTERING OR LEAVING YOUR CHILD'S  
ROOM. GOOD HANDWASHING IS EVERYONE'S RESPONSIBILITY!!!***

**We hope this information has been helpful. If you have any questions, please ask your doctor or nurse.**