

The Perinatal Program Newfoundland Labrador:

- Aims to improve mom and baby health
- Provides education to health care providers and the public
- Provides a special follow-up clinic to monitor the growth and development of infants and small children



**Questions or Comments?
Please contact us!**

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**You and
Your Baby**

*An Information Guide About
You and Your Baby
and the
Provincial Perinatal Registry*



The Perinatal Program collects information on mom and baby health in Newfoundland and Labrador.

Why is information collected?

- To monitor mom and baby health and outcomes
- To plan and develop programs and services that will help improve mom and baby health
- To provide education on practices that will help improve mom and baby health
- To provide grouped information for reports and research

Reports contain grouped data that will not in any way identify mom or baby

What information is collected?

- Lifestyle behaviours like smoking, alcohol use and folic acid supplementation
- Access to prenatal education and support
- Height and weight
- Pregnancy, labour and delivery information
- Newborn information such as birth weight, whether full term or preterm, health at birth and discharge, and type of infant feeding

Who collects the information?

- Health care providers such as doctors and nurses

Where is the information collected from?

- From both mom and baby hospital medical and nursing records
- From the prenatal record, which is filled out by health care providers at each prenatal visit



When is information collected?

- During pregnancy and while mom and baby are in hospital

Where is the information stored?

- On a secure computer system, accessed using a password-protected computer, stored in a locked office

Who sees the information?

- Only a small number of people who work with this information, such as data coders and analysts

Are there rules about keeping this information safe and private?

- There are very strict government rules about access to personal health information and the protection of privacy
- Everyone who works with the Regional Health Authorities and the Perinatal Program signs an oath to keep all personal information private and confidential