

TALKING TO YOUR CHILD/YOUTH ABOUT THEIR APPOINTMENT

sponse as a result. Lets work together to avoid that from occurring!

Going to any new place can be scary for children and we recognize that. We will try to do whatever we can to make your child feel safe and relaxed while visiting us. If you know of something that will help your child at their visit, please let our clinic staff know in advance to discuss your child's needs.

Children will often hear many new words that they have never heard before when they visit with us. Some words they may need clarification from their caregiver are:

- Pediatrician
- Stethoscope
- X-Ray
- Bloodwork
- Occupational Therapist
- Social Worker
- Medical Record
- Immunization

We strongly encourage you to speak with your child/Youth regarding their clinic visit. Where appropriate, children should be aware that they will see multiple professionals who are there to listen and help them. Above all, we want children to feel safe. Those who are not aware of their visit, or what occurs there, may not feel comfortable and experience a traumatic stress re-



We are excited to see you!



CAYAC CLINIC

Janeway Health and Rehabilitation Centre

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Children and Youth in Alternate Care Clinic

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WHAT IS THE CAYAC CLINIC?

CAYAC (Children and Youth in Alternate Care) clinic is a multidisciplinary clinic aiming to address the physical and mental health needs of children and youth in alternate care. The team includes a pediatrician, developmental pediatrician, social worker, occupational therapist, speech language pathologist, education specialist, and other

professionals as needed. This clinic is the first of its kind in Newfoundland and Labrador. The clinic hopes to serve as a medical home for children in care, providing continuity of care and especially important to keep medical history up to date, even if caregivers change. The clinic will help children and youth navigate the various systems from which they require services. Clinic staff will see children and then liaise with other professionals involved in the care of these children and youth including CSSD staff, therapists, and school personal to name a few.

WHO COMES TO THE CLINIC?

The clinic is available for any child/youth (from birth up to their 18th birthday) with alternate care arrangements (i.e. foster care, kinship care, family-based care, independent living and alternate living arrangements). The primary CSSD social worker and a person who directly cares for the child/youth must attend with the child/youth. Whenever appropriate, it is the goal that biological, foster, and adoptive parents accompany the child/youth.

CLINIC LOCATION

We are located on the first (bottom) floor of the Janeway Child Health and Rehabilitation Centre within the Janeway Children's Rehabilitation Clinic Space.

HOW TO REFER

Referrals can be made by any health care or social worker within the child's/youth's circle of care. Self-referrals can be made by biological/foster parents and/or young person in care.

Fax referral letters to:

CAYAC CLINIC

Attention:

Dr. Sandra Luscombe

Tel: 709-777-4641

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Email:

sandra.luscombe@easternhealth.ca

