

# Janeway Surgical Day Care

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## Location of Surgical Day Care

Surgical Day Care is located on the 3rd floor of the Janeway. When you get off the elevator, turn left and follow the signs to Pediatric Surgical Day Care Registration.

The following is some important information about your visit to the Surgical Day Care Unit.

## Appointment Time

You will be contacted with the time to arrive at the Janeway Surgical Day Care.

Your child's arrival time is **NOT** the procedure time. Please arrive on time so that we have time to prepare your child for their procedure.

## Fasting

- You will be contacted with your fasting instructions. If you have not received instructions by 24 hours before the procedure, please contact the Pre-Admission Clinic at 777-4892;
- Please note that candy and gum are considered food.

Your child's stomach must be empty before the procedure to avoid the danger of vomiting during anesthetic. If your child does not fast as instructed it will result in the procedure being delayed or cancelled.

## Preparation for Visit

The night before surgery your child should:

- Tub bath/shower
- Shampoo hair
- Clean nails and remove nail polish
- Remove all makeup
- Remove all jewelry

No makeup, nail polish or artificial nails, hair extensions, contacts, hair clips, jewelry, or tampons are to be worn to the hospital. Patients that have begun menstruation will be asked to provide a urine sample.

## Explain to Your Child

If possible, parents or guardians should explain the operation to their child. Explain to your child that they will be going to the operating room and that they will be going to sleep. Your child should be told that their parent or guardian cannot stay with them while in the operating room or recovery room (where they will wake up) but they will see them again when they return Surgical Day Care.

## Contagious Diseases & Illness

If your child has been in contact with measles, mumps, chicken pox, scabies (itch), TB (tuberculosis), or other contagious diseases, please contact Surgical Day Care at (709) 777-4334 as soon as possible prior to your visit.

If your child is sick with cold or flu symptoms, please call (709) 777-4334 prior to coming in for the procedure.

## Physical Examination

For MRI, Dental Surgeries, and Rehab Botox procedures, please have your child's history and physical filled out by your family doctor the week before the procedure. Please bring this with you on the day of the procedure or to your scheduled pre-admission clinic visit. Upon your arrival to Surgical Day Care, a nurse will take a short history and check your child's weight, temperature, blood pressure, and heart rate.

## Day of Your Visit

On the day of the procedure, please bring:

- Your child's MCP card
- History and Physical (if completed by your family doctor)
- A list of any medications your child is on
- A comfort item (it can go into the operating room with your child, **but please clean in hot water before bringing it in**).

## Who Should Accompany Your Child?

Only one parent or guardian may accompany the child to Surgical Day Care. Other visitors will be asked to wait outside of the department. The parent or guardian must remain in the hospital while the child is in the operating room.

## Length of Stay

Your child's stay at the hospital, including the time for the operation and recovery, could take several hours.

***\*\*Be prepared to spend the day. Do not bring any food or drink as this cannot be brought into the Surgical Day Care area***

## **Consent for Surgery**

A parent or legal guardian will be required to sign a consent for surgery and anesthetic.

\*\* Consent can ONLY be signed by child's legal guardian. If the legal guardian will not be present the day of the procedure, please request a copy of the Authorization by Parent/Legal Guardian to Temporary Caregiver for Consent to Treatment (ch-0258) from your surgeon or the pre-admission nurse, and present the completed form upon registration to Surgical Day Care.

## **Allergies**

If your child has any allergies, please notify the nurse in Surgical Day Care.

## **Blood Test**

On arrival, your child may be required to have a blood test. This is usually done by finger prick. However, this will depend upon the type of operation and the type of blood test needed.

## **Clothing**

Hospital pajamas will be provided for your child to wear to the operating room. All personal clothing and other belongings will be the responsibility of the parent or guardian.

## **Additional Information**

If you require further information or explanation, please call one of the nurses at Surgical Day Care at (709)777-4334 or (709)777-4335. They will be pleased to help you in any way possible.

