

# Funding for Physical Activity

Here are some funding options available to children in the province of Newfoundland and Labrador to help them participate in a variety of recreation/leisure activities and sports.

## City of St. John's Children's Program Financial Support and R.E.A.L. Program

The city of St. John's provides recreation and leisure opportunities to its residents through the provisions of program and financial assistance to as many children as possible who, due to financial circumstances, are unable to participate in registered activities. Application Guidelines:

- Applications will only be processed in accordance to the deadline dates.
- Children can access one activity each season.  
This is a service for children currently not participating in other paid recreation programs.
- The parent/guardian is responsible for ensuring that the child attends the program.

For more information on City of St. John's Children's Program Financial Support email: <http://www.stjohns.ca/forms/childrens-program-subsidy-application>



For more information on the City of St. John's R.E.A.L. Program e-mail:

<http://stjohns.ca/living-st-johns/recreation-and-parks/real-program-recreation-experiences-and-leisure>

## City of Mount Pearl P.E.A.R.L. Program

If you are a resident of Mount Pearl and your financial circumstances make it difficult for you to pay the full fee for programs, you may qualify for the P.E.A.R.L. (Participation for Everyone in Active Recreation and Leisure) Program

Application Guidelines:

- A reference must be provided from a community leader (i.e. Health Care Professional, Teacher, Clergy, or Coach).  
One activity per person per season.

You can find more information on the PEARL Program at:

<https://www.mountpearl.ca/recreation/programs/p-e-a-r-l-program/> or by contacting Sean McKenna at 748-1046 or [smckenna@mountpearl.ca](mailto:smckenna@mountpearl.ca)

## YMCA – Y Assistance Program

The YMCA-YWCA of Northeast Avalon strives to serve all segments of our community. The Y Assistance Program provides help to those who want to participate but are unable to pay the full fee. Program guidelines:

- Complete the application form. (Note that the form requires proof of your monthly income and expenses).
- Return the completed application, with your attachments to your local YMCA. After the application is received, you will be contacted for a personal interview. This may take up to two weeks.

For more information call (709) 726-YMCA (9622) or visit <https://ymcanl.com/financial-assistance.php>

## KidSport NL

KidSport is a children’s charitable program that believes in the fundamental values and benefits that sport provides. We believe that no children should be left on the sidelines and all should be given the opportunity to experience the positive benefits of organized sports. Program Guidelines:

- The KidSport funding covers registration, participant fees and personal sport equipment for any recognized sport activity of Sport Newfoundland and Labrador.
- An application form with proof of family income is required.

- An application must be initiated by an adult sponsor (e.g. parent, guardian, coach, friend, and teacher). A child can receive up to \$300.00 maximum per calendar year.

For more information contact: Sport Newfoundland and Labrador at (709) 579-5977 or visit <https://sportnl.ca/programs-services/kidsport/>

## Canadian Tire Jump Start

The Canadian Jump Start Program is a charitable program created by the Canadian Tire Foundation for families to help children in financial need participate in organized sport and recreation. Program Guidelines:

- The JumpStart Program provides funding for your child to participate in organized programs such as baseball, skating, hockey, etc.
- This program assists with the costs associated with registration fees and equipment.

For more information visit: <https://jumpstart.canadiantire.ca/>