



**NL Health
Services**

Children and Women's Health Program

General Pediatrics Referring Guidelines

Service Description

General Pediatricians provide a comprehensive assessment, diagnosis, treatment and follow-up for infants, children, and youth affected by a range of pediatric issues.

As part of the care plan and management, the client may be referred to the following services for further management and assessment:

- Dietician
- Occupational Therapists
- Physiotherapists
- Speech-Language Pathologists
- Lifestyles
- Developmental Health
- Other subspecialties as appropriate

Routine Referral Process

Depending on the presenting need, a phone consultation with the referring practitioner or an in-person/phone appointment may be arranged.

Accepted referrals do not guarantee a face-to-face appointment. An in-person appointment may occur as "Consult-Only," meaning a one-time consultative appointment, with follow-up and recommendation implementation occurring by the referring physician/clinician.

Referrals are accepted from:

- Physician
- Nurse practitioner
- Physiotherapist

Referral Criteria

General Pediatricians will accept referrals for children and youth with any of the following concerns in any of the following areas:

- Newborn (0-3 months)
- Cardiorespiratory
- Gastrointestinal/Urinary
- Nutritional Concerns
- Neurological

Exclusion Criteria

- Referrals related to Developmental and Behavioral concerns must be first sent to Developmental Health Central Intake (*see hyperlink below*), where they will be screened, triaged, and assigned to the most appropriate clinician.
[Ch 2182-JCD Referral Form-FEB 2024](#)
- Referrals related to Anxiety or Mental Health concerns must be first sent to Child Adolescent Central Intake (*see hyperlink below*), where they will be screened, triaged, and assigned to the most appropriate service
[ch-0016-Referral-Form-Mental-Health-and-Addictions-Services-Fillable](#)

Required Supporting Documentation

Incomplete referrals will be returned and may result in delayed triage and consultation.

- Complete Growth Charts for all children <12 months of age is required.
- CBC and Iron studies within the last three months for all Anemia/Iron deficiency concerns
- Abnormal blood work and/or investigation

All referrals will be triaged to the earliest available appointment based on the reason for referral and screening assessment. Appointments will be scheduled with the **next available** Pediatrician unless a specific Pediatrician is requested.

Please Note: *Should you request a specific physician, it may result in a delay to be seen.*